Abstract of the working program on normal physiology for second-year students of the Faculty of Medicine (the variable part)

1. **Purpose of the discipline:** to master knowledge of the morphofunctional organization of the nervous system, the principles of coordination activities of central nervous system, the interaction of the body with the external environment.

2. **The place of discipline in the structure of the MEP:** The academic discipline refers to the natural science cycle of disciplines.

3. **Requirements for the results of the discipline:** The process of studying the discipline is aimed at the formation and development competencies: PC-21

As a result of studying the discipline, the student must

Know:

- the principles of organization and functioning of the central nervous system (CNS) in human and other mammals, cephalization of functions in the process of evolution;
- the role of various departments and structures of the central nervous system in the regulation of somatic and visceral functions of the body. Reflex arcs with visceral and somatic components;
- individual features of the organization and reflex activity of the autonomous nervous system, its participation in the formation of holistic forms of behavior;
- the basic morpho-functional features of the organization of various departments sensory systems;
- forms of manifestations of higher nervous activity (HNA) in humans, classification and characteristics of types of HNA, variants of interhemispheric asymmetry and its meaning in activity of the physician;
- mechanisms of formation of the conditioned reflex and its inhibition, role in the clinical practice, components of the functional system of the behavioral act;
- concept and classification of pain; features of the morpho-functional organization of nociceptive and antinociceptive systems;
- mechanisms and features of the formation of basic functional systems (BFS) of the organism (maintenance of constancy of a level of nutrients in a blood, arterial pressure, temperature of the internal environment, preservation of the integrity of the organism, etc.).

Be able to:

Use knowledge about:

- methodological approaches (analytical and systemic) for understanding the regularities of the whole organism;
- the theory of functional systems for understanding the mechanisms of self-regulation of homeostasis and formation of a useful result in adaptive activities;
- properties and functions of various body systems in the analysis of the formation of functional systems of the healthy person's organism;

- mechanisms for the formation of specific and integrative functions, their dependence on the factors of the environment and the functional state of the organism;
- types and mechanisms of formation of manifestations of higher nervous activity at analysis of the organization of the BFS of a healthy person, for understanding the mechanisms of the mental activities; different states of the brain, purposeful human behavior;

Analyze:

- patterns of functioning of human sensory systems;
- features of the higher nervous activity of a person;
- patterns of activity of different body systems for different functional
- states;

Carry out investigations of:

- reflex activity of the nervous system and vegetative reactivity; •
- functions of sensory systems;
- pain sensitivity;
- higher mental functions;
- individual-typological characteristics of a person; ٠

Own:

Methods of determining of the HNA types.

4. The total complexity of the discipline: 2 credit units (72 hours)

5. Semesters: 3 and 4.

6. The main sections of the discipline:

Physiology of the central nervous system

Physiology of sensory systems

Pain Physiology

Physiology of higher nervous activity

Authors:

"29" марта 2016

Head of the department of normal physiology,

MD, professor

Defice A

V.B. Brin

Associate Professor, Ph D

V.O. Akhpolova